# TRAINING ON NFPA 70 AND 70 E



EPE168
Electrical &
Power
Engineering

### **COURSE TITLE**

### TRAINING ON NFPA 70 AND 70 E

### COURSE DATE/VENUE

05 - 09 July, 2020 Dubai, UAE

### **COURSE REFERENCE**

**EPE168** 

## **COURSE DURATION**

05 Days

## **DISCIPLINE**

Electrical & Power Engineering

## **COURSE INTRODUCTION**

While working in the industrial environment, particularly in Oil and Gas, Petrochemical or Power industries, occupational and electrical safety is one of the most important parameter.

OSHA (Occupational Safety and Health Administration) has laid down guidelines regarding safe operations at work place. NEC (National Electrical Code) particularly deals with NFPA 70 E (Standard for electrical safety at work place).

For the safe operation of plant's equipment and safety of human being, an employee need to be trained as per existing laws of the company or government and should possess right skills and knowledge to complete the given task in the safest way as per the guide lines of international organizations like OSHA.

It's the responsibility of the company to make sure that before taking up a particular job, the employee of the company is fully aware of not only technical knowledge and skills needed for that job, but the entire safety requirement to complete the job in safe way.

This five day course deals with the occupational safety, particularly electrical safety at work place. The role and scope of NEC (NFPA, NFPA 70 E) in enforcing the culture of

safe work environment, which includes the rules and regulations to identify hazards, evaluating hazards and controlling them. This course covers comprehensively the concept of electrical isolation, LOTO (Lock out Tag Out), the PTW (Permit to Work) system.

At the conclusion of the program, the participants should be able to know occupational safety guidelines laid down by OSHA, the role and responsibilities of electrical workman as per NEC, specific mandate of NFPA and NFPA 70 E and will cultivate the habit to work in safe electrical environment and encourage colleagues to follow the same.

## **COURSE OBJECTIVE**

Upon successful completion of this course, the delegates will be able to:

- Understand the need for occupational safety
- Know OSHA
- Differentiate between "Qualified" and "Unqualified" person
- Understand the role of NEC (National Electrical Code) / NFPA 70
- Understand 70 E (Standard for Electrical Safety in workplace)
- Practice safety procedures at workplace as per NFPA 70 E
- Know the fire safety
- Select and use correct PPE
- Make site assessment following guidelines of NFPA 70 E
- Carry out status check survey
- Know the electrical hazards and associated risks
- Identify specific work related electrical hazards
- Evaluate and control electrical hazards
- Understand about arc flash and arc blast hazards
- Create and practice "safe electrical working conditions"
- Know the safety requirements while working on or near live parts
- Understand the process of electrical isolation
- Practice isolation process for electrical safety
- Practice LOTO in isolation process

- Understand the PTW system
- Differentiate between cold and hot work permit
- Use the appropriate insulated tools
- Use the non sparking tools in classified zones

## **COURSE AUDIENCE**

This course is designed for the Engineers, foreman, supervisors, senior technicians and technicians, who are working in the field of Electrical maintenance, testing and troubleshooting of LV and HV machines and equipment. All these personnel should be well acquainted with the guide lines of OSHA, NEC, NFPA / NFPA 70 E in making sure that work in completed in safe manner and proper rules and regulations are followed.

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## **COURSE CONTENT**

# **Day 1:**

## Occupational Safety and Health Administration (OSHA)

- Introduction of OSHA
- OSHA guidelines
- Role of OSHA in Electrical Safety
- Role of OSHA in Fire Safety
- Safety precautions at workplace
- Personal Protective Equipment ( PPE)
- PPE for high voltages

# **Day 2:**

# National Fire Protection Association (NFPA 70) and 70 E

- National Electrical Code ( NEC)
- Guidelines of NEC
- NFPA 70 and its significance
- How NFPA 70 E is used in OSHA compliance
- Electrical safety in Industrial plants
- Site assessment as per NFPA

Status check survey and improvement programs of Electrical safety

# **Day 3:**

## **Electrical Hazards**

- Types of hazards
- Electrical shock, arc and blast
- Identifying hazards
- Evaluating hazards
- Controlling hazards
- Characteristics of arc flash hazards
- Characteristics of arc blast hazards
- Flash hazard analysis

# **Day 4**

# Safety related work practices

- Identifying specific electrical safety related hazards
- Working on or near live parts
- Electrical current and level of electric shocks
- Requirements for electrical safe work practices
- Definition of "Electrical safe work conditions"
- Steps taken to make sure work conditions are "Electrically Safe"
- Control of hazards with electrically safe work conditions

# <u>Day 5</u>

# LOTO (Lock out Tag out) in Electrical Safety

- Energized and de-energized work conditions
- Electrical Isolation

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- Role of LOTO in Electrical Isolation
- Permit to work system (PTW)
- Hot and Cold work permits
- Electrical permit and other types of permits
- Insulated tools and non sparking tools

## **COURSE CERTIFICATE**

**TRAINIT ACADEMY** will award an internationally recognized certificate(s) for each delegate on completion of training.

## **COURSE FEES**

\$4,150 per Delegate. This rate includes participant's manual, Hand-Outs, buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

## COURSE METHODOLOGY

The training course will be highly participatory and the course leader will present, guide and facilitate learning, using a range of methods including formal presentation, discussions, sector-specific case studies and exercises. Above all, the course leader will make extensive use of real-life case examples in which he has been personally involved. You will also be encouraged to raise your own questions and to share in the development of the right answers using your own analysis and experiences. Tests of multiple-choice type will be made available on daily basis to examine the effectiveness of delivering the course.

- 30% Lectures
- 30% Workshops and work presentation
- 20% Case studies & Practical Exercises
- 10% Role Play
- 10% Videos, Software or Simulators (as applicable) & General Discussions